

# THE FEDERATION OF MIDDLEHAM (VA) AND SPENNITHORNE (VC) CE PRIMARY SCHOOLS



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Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.

EPHESIANS 4:32

15<sup>th</sup> May 2020

Dear Parents and Carers,

During this difficult time, we wanted to reach out to let you know that, even though our school is currently closed to all but a few children through the Leyburn hub, we're still here to support your child and your family in whatever way we can.

You might be noticing signs of increasing anxiety in your child as they're spending more time indoors and outside of their normal routines. These might include:

- Regressing to behaviour they've outgrown, such as thumb-sucking or bed-wetting
- Showing greater fear at being separated from you
- Tantrums
- Trouble sleeping
- Expressing sadness, anger or fear
- Sharing false information that they're hearing from their peers or seeing online
  - Wanting to talk about coronavirus all the time
- Not wanting to talk about the current situation at all
- Having trouble concentrating

If you have any concerns about how your child is coping or you need any other support from the school, please let us know by contacting us via email and we will aim to help and support you if we can. We have also attached a few help sheets and booklets you might wish to use.

We're extremely grateful for all the support you've shown us as we've adapted to these new circumstances, and we want to reassure you that we are still here to support you too.

We can, and will, get through this together.

Kind regards from all the staff

*Mrs Evans, Mrs Abbotson, Mrs Bradbury, Miss Fawcett,  
Miss Remmer, Mrs Pearson, Mrs Martin and Mrs Ramsay*



ENDURANCE, FRIENDSHIP, FORGIVENESS, TRUST

